



April 2018 GBS Menu



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Cereal & Milk	Muffins & Milk	Cereal & Milk	French Toast & Milk	Cereal & Milk
Meatball Subs	Chicken Parm with Ziti	Mac & Cheese	Cheesy beef and rice	Ham and Cheese Croissant
Cucumber	Peas	Broccoli	Mixed Veggies	Carrots
Apples	Peaches	Grapes	Pears	Banana
Cheese sticks & Fresh Fruit	Granola Bars & Milk	Crackers & Fruit snacks	Tortilla chips & cheese slices	Pretzels & Fresh Fruit
9	10	11	12	13
Cereal & Milk	French Toast & Milk	Cereal & Milk	Bagels & Cream Cheese & Milk	Cereal & Milk
Chicken nuggets and Fries	Turkey and Cheese Wrap	Chicken ziti alfredo	Beef Fried Rice	Hot Dog w/ bun
Carrots	Cucumber	Green Beans	Peas	Baked Beans
Grapes	Apples	Pears	Oranges	Banana
Rice Krispie treats & milk	Cheese its & Fresh Fruit	Yogurt & Graham crackers	Vanilla Wafers & Fresh Fruit	Crackers & Cheese slices
16	17	18	19	20
Cereal & Milk	Waffles & Milk	Cereal & Milk	Yogurt and Cereal Bar	Cereal & Milk
Crispy Chicken Sandwich	Beefy Ziti w/ Marinara sauce	Grilled Cheese	Cheesy chicken and rice	Pizza
Cucumber	Mixed veggies	Carrots	Black beans	Broccoli
Apples	Pears	Banana	Oranges	Grapes
Graham Crackers & Craisins	Soft pretzels & Fresh Fruit	Goldfish & Fresh fruit	Cheese Sticks & Tortilla chips	Granola Bars & Milk
23	24	25	26	27
Cereal & Milk	Pancakes & Milk	Cereal & Milk	Bagels & Cream Cheese & Milk	Cereal & Milk
Hamburger with Bun	Chicken quesadilla	Meatballs, rice, and gravy	Chicken Ziti w/ Marinara sauce	Fish sticks w/ bread
Broccoli	Carrots	Mixed veggies	Peas	Cucumber
Apples	Oranges	Pineapple	Grapes	Banana
Graham crackers & Milk	Ritz crackers & cheese slices	Fruit snacks & goldfish	Yogurt & Fresh Fruit	Animal Crackers & Milk
30	1-May	2-May	3-May	4-May
Cereal & Milk	Yogurt and Nutri-grain bars	Cereal & Milk	Muffins & Milk	Cereal & Milk
Chicken tenders & tator tots	Waffles & Sausage	Grilled chicken wrap	Spaghetti & Meatsauce	Chicken fried rice
Carrots	Cucumber	Salad	Mixed Veggies	Green Beans
Grapes	Banana	Apples	Pears	Peaches
Vanilla Wafers & Fresh Fruit	Tortilla chips & Cheese Sticks	Pretzels & Fresh Fruit	Graham Crackers & Cream Cheese	Cheese- its & Fresh Fruit

*Milk is always served with lunch

*Menu items may be subject to change due to availability

*Water is served with afternoon snack, unless otherwise noted

*Fresh Fruit can be: apples, grapes, banana, oranges, melons, berries