



December 2018 GBS Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Cereal & Milk 3 Turkey and Cheese Melt Tomato Soup Banana Fruit Snacks and Goldfish	French Toast & Milk 4 Cheesy Chicken Ziti Mixed Veggies Apple Fresh Fruit & Rice Krispy Treats	Cereal & Milk 5 Hamburger with Bun Carrots Grapes Tortilla chips & cheese	Cheese Toast & Water 6 Chicken and Rice Black Beans Peaches Cheez its & Fresh Fruit	Cereal & Milk 7 Pizza Cucumber Oranges Milk & Vanilla Wafers
Cereal & Milk 10 Rice and Meatballs with Gravy Mixed Veggies Oranges Veggie Straws & Fresh Fruit	Pancakes & Milk 11 Chicken and Bow Tie Pasta Broccoli Pears Granola Bars & Milk	Cereal & Milk 12 Fish Sticks Carrots Apples Fresh fruit & cheez-its	Muffins & Milk 13 Grilled Chicken & Mashed Potatoes Corn Pineapple Pretzels & Cheese Sticks	Cereal & Milk 14 Waffles & Sausage Cucumber Grapes Yogurt & Fresh Fruit
Cereal & Milk 17 Ham and cheese croissant Broccoli Oranges Crackers & Cheese Slices	Waffles & Milk 18 Beef Fried Rice Green Beans Apples Pretzels & Fresh Fruit	Cereal & Milk 19 Crispy Chicken Sandwich Carrots Grapes Fruit snacks & Yogurt	Bagels with Cream cheese & Milk 20 Spaghetti & Meatballs Corn Peaches Goldfish & Fresh Fruit	Cereal & Milk 21 Cheese Quesadillas w/ sour cream & salsa Cucumber Pineapple Tortilla Chips & Cheese Sticks
Cereal & Milk 24 Chicken soft tacos Salad Apples Vanilla wafers & Milk	25 Merry Christmas!	26 Happy Holidays!	Pancakes & Milk 27 Baked Ziti Cucumber Grapes Ritz crackers & cheese slices	Cereal & Milk 28 Grilled Cheese Chicken and Veggie Soup Peaches Veggie Straws and fresh fruit
Cereal & Milk 31 Chicken Fried Rice Green Beans Oranges Veggie Sticks & Fresh Fruit	1 Happy New Year!!!	Cereal & Milk 2 Hot dog w/ bun Cucumber Grapes Yogurt & graham crackers	Muffins & Milk 3 Penne & chicken w/ marinara Salad Banana Pretzel sticks & Fresh Fruit	Cereal & Milk 4 Turkey and Cheese Wrap Broccoli Apples Fresh Fruit & Cheese sticks
*Milk is provided with all lunches *Menu items may be subject to change *Water is served with afternoon snack, * Fresh fruit will be seasonal: Apples, oranges, bananas, melon, grapes				