



## May 2019 GBS Menu



Monday	Tuesday	Wednesday	Thursday	Friday
29-Apr	30-Apr	1	2	3
Cereal & Milk	Yogurt and Nutri-grain bars	Cereal & Milk	Muffins & Milk	Cereal & Milk
Grilled chicken wrap	Mac & Cheese	Chicken tenders & tator tots	Tuna boat	Chicken fried rice
Salad	Broccoli	Carrots	Cucumber	Green Beans
Apples	Pears	Grapes	Banana	Peaches
Vanilla Wafers & Fresh Fruit	Tortilla chips & Cheese Sticks	Pretzels & Fresh Fruit	Graham Crackers & Cream Cheese	Cheese- its & Fresh Fruit
6	7	8	9	10
Cereal & Milk	Waffles & Milk	Cereal & Milk	Bagels & Cream Cheese & Milk	Cereal & Milk
Turkey & French Fries	Hot dog w/ bun	Beefy Ziti w/ Marinara sauce	Cheesy chicken and rice	Pizza
Carrots	Cucumber	Green Beans	Black Beans	Broccoli
Banana	Apples	Cantaloupe	Pears	Grapes
Soft pretzels & Fresh Fruit	Tortilla chips & Cheese Sticks	Trail Mix & Milk	Vanilla Wafers & Fresh Fruit	Crackers & Cheese slices
13	14	15	16	17
Cereal & Milk	Muffins & Milk	Cereal & Milk	Yogurt and Cereal Bar	Cereal & Milk
Crispy Chicken Sandwich	Meatballs & rice w/ gravy	Grilled Cheese	Bean & Cheese burrito	Chicken Spaghetti w/ Marinara sauce
Cucumber	Mixed veggies	Broccoli	Carrots	Peas
Apples	Pears	Banana	Watermelon	Grapes
Pretzels & Craisins	Goldfish & Fresh Fruit	Granola Bars & Milk	Veggie Straws & Carrots w/ ranch	Granola Bars & Milk
20	21	22	23	24
Cereal & Milk	Danish & Milk	Cereal & Milk	Bagels & Cream Cheese & Milk	Cereal & Milk
Chicken quesadilla	Hamburger with Bun	Mac & Cheese	Chicken fried rice	Fish sticks w/ bread
Carrots	Broccoli	Green Beans	Mixed Veggies	Cucumber
Cantaloupe	Apples	Pineapple	Grapes	Banana
Graham crackers & Milk	Ritz crackers & cheese slices	Fruit snacks & goldfish	Yogurt & Graham Crackers	Animal Crackers & Milk
27	28	29	30	31
	Yogurt and Nutri-grain bars	Cereal & Milk	Muffins & Milk	Cereal & Milk
GBS Closed for Memorial Day	Roasted Chicken Wrap w/ parmesan	Pancakes & Sausage	Chicken & Penne O&G	Beef & Rice
	Lettuce w/ Ranch	Cucumber	Peas	Green Beans
	Apples	Banana	Peaches	Grapes
	Tortilla chips & Cheese Sticks	Pretzels & Fresh Fruit	Vanilla Wafers & Milk	Cheese- its & Fresh Fruit

\*Milk is always served with lunch

\*Menu items may be subject to change due to availability

\*Water is served with afternoon snack, unless otherwise noted

\*Fresh Fruit can be: apples, grapes, banana, oranges, melons, berries