

Good Beginnings Stone Ridge



May 2017 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 MS: Cereal and milk L: Turkey and cheese sandwich, Broccoli, grapes, Milk AS: Tortilla chips, cheese sticks	2 MS: Bagel and cream cheese L: Soft chicken tacos, tomatoes, lettuce, grapes, Milk AS: Veggie Straws, banana	3 MS: Cereal and milk L: Hot dogs, Peas, Peaches, and Milk AS: Carrots, crackers, and ranch	4 MS: Muffins and milk L: Cheese Quesadillas, carrots, Pineapple, Milk AS: Pretzel sticks and grapes	5 MS: Cereal and milk L: Chicken parmesan w/ penne, mixed veggies, applesauce AS: Oranges and cheese sticks
8 MS: Cereal and milk L: Turkey, green beans, Mashed Potatoes, Pineapple, Milk AS: Animal Crackers, apples	9 MS: Waffles and milk L: Grilled Cheese, cucumber, apples, Milk AS: Pretzels & banana	10 MS: Cereal and milk L: Cheesy chicken, black beans, and rice burrito, Green Beans, apple slices, and Milk AS: Trail Mix with Dried Fruit	11 MS: Pancakes and milk L: Salisbury steak w/ gravy, Rice, peas, Applesauce, Milk AS: Goldfish, milk	12 MS: Cereal and milk L: Pizza, Corn, Pears, Milk AS: Graham crackers and banana
15 MS: Cereal and milk L: Chicken, rice, black beans, oranges, Milk AS: Banana and vanilla wafers	16 MS: Yogurt and toast L: Tuna melt, cucumber, banana, and milk AS: Pretzels and veggie sticks	17 MS: Cereal and milk L: Pancakes, Sausage, Applesauce, Milk AS: Oranges, Veggie Straws	18 MS: Bagel, Cream Cheese L: Spaghetti, meatballs Broccoli, Pears, Milk AS: Yogurt & graham crackers	19 MS: Cereal and milk L: Chicken nuggets, Corn, Pears, Milk AS: Graham crackers and banana
22 MS: Cereal and milk L: Chicken, veggie rice, bananas, and Milk AS: Goldfish and apples	23 MS: Muffins, milk L: Chicken tenders, Tater Tots, Oranges and, Milk AS: Tortilla Chips and Salsa, milk	24 MS: Cereal and milk L: Pasta salad, peas, apples, Milk AS: Animal Crackers, Milk	25 MS: Waffle and Milk L: Mac and Cheese, Green Beans, and peaches AS: Chex mix with milk	26 MS: Cereal and milk L: Hamburger with bun, Peas, Pineapple, milk AS: Veggie straws, pears
29 MS: Cereal and milk L: Cheesy chicken ziti, broccoli, grapes, and milk AS: Pretzels, banana	30 MS: Bagel, Cream Cheese L: Fish sticks, carrots, cantaloupe, and milk AS: Vanilla wafers, milk	31 MS: Cereal and milk L: Crispy chicken sandwich, cucumber, banana, and milk AS: Goldfish and apples	1 MS: Waffle and Milk L: Meatball subs, corn, oranges, and milk AS: Ritz crackers and cheese	2 MS: Cereal and milk L: Pizza, apples, peas, Milk AS: Cheese slices, crackers and water

MS- Morning Snack L- Lunch AS- Afternoon Snack

Milk is always served with lunch

Items may be substituted based on availability

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